

en@bling.co.uk

A NEW WAY TO HELP YOU ACHIEVE YOUR GOALS

Ok, so you want to learn a language/advance your career/be a better communicator etc etc. We all have those aspirations but have you really thought about what makes you successful?

Ask yourself these questions?

- What would success in my goal actually feel like?
- How will I know when I've succeeded?
- What's in it for me?
- How does it help me with my long-term goals?
- What's in it for others?
- Who can help me? What's in it for them?
- What have I already achieved that will help me?
- What difficulties can I expect along the way?
- What steps do I need to take?
- How should I celebrate reaching my goal?
- How should I acknowledge my supporters?
- What if I don't reach my goal? What have I learned?
- What will I do differently in the future?

en@bling.co.uk is based on the philosophy that you can reach your goals more easily if you:

- Develop the right foundations at the outset:
 - Be realistic about your goal
 - Understand why you want to achieve it
 - Understand where you are starting from
 - Get support from others
 - Anticipate difficulties
- Get support while you are doing it
 - Track your progress
 - Involve your supporters
- Reflect on your experience
 - Acknowledge what you have achieved
 - Acknowledge the contribution of others
 - Reflect on what you have learned

en@bling.co.uk is an easy to use, web-based software product which gives you a set of proven techniques for achieving success.



WHAT IS en@bling.co.uk?

- en@bling.co.uk is a simple to use, web-based tool to help you achieve your goals
- Helps you to define and understand your goals
- Based on proven techniques
 - Solution-focused
 - The GROW model
 - Reteaming
- Features



“Dream goal” wizard to help you think about your long-term objectives



Work on specific goals in more detail



Step-by-step approach helps you build the right foundations



Communicate with your supporters by message board or by email

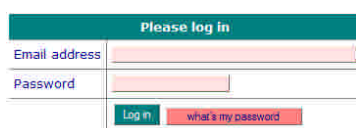


Automatically generates emails for you, which you can tailor

- Invitations
- Progress reports
- Acknowledgements



Tracks your progress



Access control keeps your personal information safe